


For each of these statements, consider what you know about your neighborhood in each area of health. Based on what you know from your experience and knowledge, answer either yes or no.

Q1: PEOPLE - Answer yes or no in agreement with each statement about the **overall** physical, emotional, and intellectual health of your neighborhood.

| | | | Y | N |
|---|---|--|---|---|
| PHYSICAL HEALTH  | 1 | My neighborhood has adequate access to healthy food. | | |
| | 2 | My neighborhood has adequate access to health care. | | |
| | 3 | My neighborhood facilitates a healthy lifestyle. | | |
| | 4 | My neighborhood is free of environmental health risks. | | |
| | 5 | My neighborhood is free from violence. | | |
| EMOTIONAL HEALTH  | 1 | My neighborhood does not have a history of trauma. | | |
| | 2 | My neighborhood has a positive effect on neighbor's mental health. | | |
| | 3 | My neighborhood has adequate access to mental health services. | | |
| INTELLECTUAL HEALTH  | 1 | My neighborhood has access to adequate schools. | | |
| | 2 | My neighborhood has access to continuing education opportunities. | | |
| | 3 | My neighborhood has access to a library. | | |
| | 4 | My neighborhood provides opportunities to explore the arts. | | |




Q2: RELATIONSHIPS - Answer yes or no in agreement with each statement about the **overall** social, cultural, and vocational health of your neighborhood.

| | | | Y | N |
|---|---|---|---|---|
| SOCIAL HEALTH  | 1 | My neighborhood is accepting of all neighbors regardless of individual differences. | | |
| | 2 | My neighborhood offers equal opportunities for all neighbors. | | |
| | 3 | My neighborhood allows for participation in social and civic activities. | | |
| | 4 | My neighborhood creates a sense of shared identity among neighbors. | | |
| | 5 | My neighborhood recognizes the worth of its neighbors. | | |
| CULTURAL HEALTH  | 1 | My neighborhood is accepting of a variety of beliefs. | | |
| | 2 | My neighborhood appreciates the diversity of its neighbors. | | |
| | 3 | My neighborhood promotes an awareness of the cultural differences among neighbors. | | |
| | 4 | My neighborhood tolerates the diversity of cultural perspectives. | | |
| VOCATIONAL HEALTH  | 1 | My neighborhood recognizes the gifts of its neighbors. | | |
| | 2 | My neighborhood facilitates a work-life balance. | | |
| | 3 | My neighborhood utilizes the vocational skills of its neighbors. | | |
| | 4 | My neighborhood respects a variety of vocations. | | |
| | 5 | My neighborhood facilitates the discovery of new skills and interests. | | |

Q3: ENVIRONMENT - Answer yes or no in agreement with each statement about the **overall** residential, natural, and infrastructural health of your neighborhood.

| | | Y | N |
|--|---|--|---|
| RESIDENTIAL HEALTH  | 1 | My neighborhood is an affordable place to live. | |
| | 2 | My neighborhood is a safe place to live. | |
| | 3 | My neighborhood is well maintained. | |
| | 4 | My neighborhood offers equal-opportunity home ownership. | |
| NATURAL HEALTH  | 1 | My neighborhood has good air quality. | |
| | 2 | My neighborhood has clean water. | |
| | 3 | My neighborhood is not prone to natural disasters. | |
| | 4 | My neighborhood is free from pests. | |
| | 5 | My neighborhood is free from invasive plants. | |
| | 6 | My neighborhood is free from noise pollution. | |
| | 7 | My neighborhood has desirable plant life. | |
| | 8 | My neighborhood has desirable wildlife. | |
| INFRASTRUCTURAL HEALTH  | 1 | My neighborhood is walkable. | |
| | 2 | My neighborhood has reliable public utilities. | |
| | 3 | My neighborhood has maintained roads. | |
| | 4 | My neighborhood has internet accessibility. | |
| | 5 | My neighborhood has adequate public spaces. | |
| | 6 | My neighborhood has reliable emergency services. | |

Q4: SYSTEMS - Answer yes or no in agreement with each statement about the **overall** political, economic, and associational health of your neighborhood.

| | | Y | N | |
|--|---|--|---|--|
| POLITICAL HEALTH  | 1 | My neighborhood encourages civic participation. | | |
| | 2 | My neighborhood's civic leadership represents the diversity of its neighbors. | | |
| | 3 | My neighborhood allows for equal opportunity of voice in civic affairs. | | |
| | 4 | My neighborhood holds its neighbors accountable to civic standards. | | |
| | 5 | My neighborhood abides by the civic standards of the larger community. | | |
| | 6 | My neighborhood applies civic standards fairly among its neighbors. | | |
| ECONOMIC HEALTH  | 1 | My neighborhood has adequate access to commerce. | | |
| | 2 | My neighborhood is economically healthy. | | |
| | 3 | My neighborhood benefits from surrounding businesses. | | |
| | 4 | My neighborhood has access to adequate funding. | | |
| | 5 | My neighborhood has an appropriate employment rate. | | |
| ASSOCIATIONAL HEALTH  | 1 | My neighborhood has a variety of volunteer opportunities within groups. | | |
| | 2 | My neighborhood benefits from volunteer associations. | | |
| | 3 | My neighborhood provides opportunities for neighbors to pursue their interests together. | | |